

UNDERSTAND & TEACH THE 7 MAJOR SPORTS

BASEBALL



ULTIMATE FRISBEE



AMERICAN FOOTBALL



SOCCER



BASKETBALL



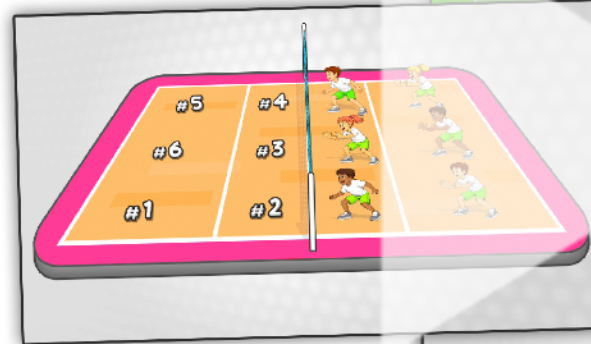
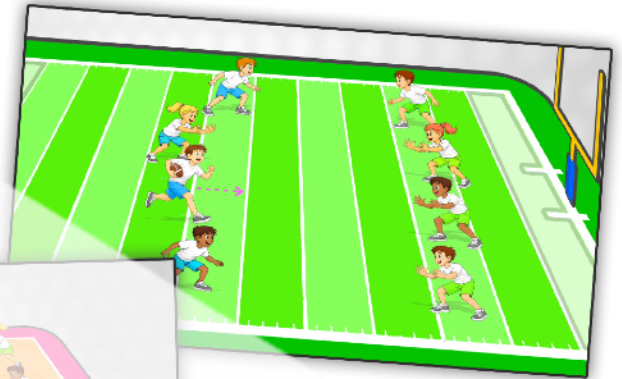
PICKLEBALL



VOLLEYBALL

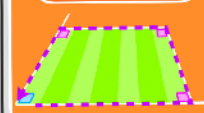


EXPLANATION VIDEOS



GAMEPLAY

SCORE RUNS



2 TEAMS

BATTERS

FIELDERS



3 OUTS

XXX

1. Catching a fly ball
2. Tagged by ball
3. Forced out
4. Strike



Watch an example video here



What's Included:

- ✓ Clear explanation of rules
- ✓ How the game works (gameplay structure)
 - ✓ Key skills students need to learn
 - ✓ Basic positions and movement concepts
- ✓ Animated explanation videos to visually demonstrate gameplay

Why you'll love it:

- Saves time planning PE warm-ups
- Keeps students active and engaged
- Builds teamwork, coordination, and fitness
- Great for substitute teachers, coaches, or classroom brain breaks
 - Whether you're a seasoned PE teacher or new to teaching movement, this pack makes warm-ups stress-free and exciting!

